

The Marian Psalter

Psalm verses from: [The Scriptural Rosary](http://presentationministries.com) (presentationministries.com) and [Rosary Bay](http://rosarybay.com) (rosarybay.com) in the NRSV translation and versification. Joyful, Sorrowful, and Glorious Mystery verse references are from the Scriptural Rosary from [Rosary Army](http://rosaryarmy.newevangelizers.com) (rosaryarmy.newevangelizers.com), quoted here in the NRSV.

NRSV transitions in the mystery verses have been completed through Psalm 50 – the Joyful Mysteries. Took about 45 minutes or so.

First [Joyful Mystery](#) – The Annunciation

1. **Happy are those who.../ delight... in the law of the Lord,/ and on his law they meditate day and night.** (Psalm 1:1a, 2)
First Joyful Mystery - The Annunciation: In the sixth month the angel Gabriel was sent by God to a town in Galilee called Nazareth, to a virgin engaged to a man whose name was Joseph, of the house of David. The virgin's name was Mary. (Luke 1:26-27)
2. **Ask of me, and I will make the nations your heritage,/ and the ends of the earth your possession.** (Psalm 2:8)
First Joyful Mystery - The Annunciation: And [Gabriel] came to her and said, "Greetings, favored one! The Lord is with you." (Luke 1:28)
3. **You, O Lord, are a shield around me,/ my glory, and the one who lifts up my head.** (Psalm 3:3)
First Joyful Mystery - The Annunciation: But she was much perplexed by his words and pondered what sort of greeting this might be. (Luke 1:29)
4. **Let the light of your face shine on us, O Lord!** (Psalm 4:6b)
First Joyful Mystery - The Annunciation: The angel said to her, "Do not be afraid, Mary, for you have found favor with God." (Luke 1:30)
5. **(I)n the morning I plead my case to you, and watch.** (Psalm 5:3b)
First Joyful Mystery - The Annunciation: "And now, you will conceive in your womb and bear a son, and you will name him Jesus." (Luke 1:31)
6. **O Lord, heal me, for my bones are shaking with terror.** (Psalm 6:2b)
First Joyful Mystery - The Annunciation: "He will be great, and will be called the Son of the Most High, and the Lord God will give to him the throne of his ancestor David. He will reign over the house of Jacob forever, and of his kingdom there will be no end." (Luke 1:32-33)
7. **Let the assembly of the peoples be gathered around you,/ and over it take your seat on high.** (Psalm 7:7)
First Joyful Mystery - The Annunciation: Mary said to the angel, "How can this be, since I am a virgin?" (Luke 1:34)

8. **Out of the mouths of babes and infants/ you have founded a bulwark because of your foes....** (Psalm 8:2a)
First Joyful Mystery - The Annunciation: The angel said to her, “The Holy Spirit will come upon you, and the power of the Most High will overshadow you....” (Luke 1:35a)
9. **The Lord is a stronghold for the oppressed,/ a stronghold in times of trouble.** (Psalm 9:9)
First Joyful Mystery - The Annunciation: “[T]herefore the child to be born will be holy; he will be called Son of God.” (Luke 1:35b)
10. **Rise up, O Lord; O God, lift up your hand;/ do not forget the oppressed.** (Psalm 10:12)
First Joyful Mystery - The Annunciation: Then Mary said, “Here am I, the servant of the Lord; let it be with me according to your word.” (Luke 1:38a)

Second [Joyful Mystery](#) – The Visitation

11. **[The Lord’s] eyes behold, his gaze examines humankind.** (Psalm 11:4b)
Second Joyful Mystery - The Visitation: In those days Mary set out and went with haste to a Judean town in the hill country, where she entered the house of Zechariah and greeted Elizabeth. (Luke 1:39-40)
12. **The promises of the Lord are promises that are pure,/ silver refined in a furnace on the ground,/ purified seven times.** (Psalm 12:6)
Second Joyful Mystery - The Visitation: When Elizabeth heard Mary’s greeting, the child leaped in her womb. And Elizabeth was filled with the Holy Spirit.... (Luke 1:41)
13. **(My heart shall rejoice in your salvation./ I will sing to the Lord,/ because he has dealt bountifully with me.** (Psalm 13:5b-6)
Second Joyful Mystery - The Visitation: [A]nd [Elizabeth] exclaimed with a loud cry, “Blessed are you among women, and blessed is the fruit of your womb....” (Luke 1:42)
14. **O that deliverance for Israel would come from Zion!** (Psalm 14:7a)
Second Joyful Mystery - The Visitation: “And blessed is she who believed that there would be a fulfillment of what was spoken to her by the Lord.” (Luke 1:45)
15. **O Lord, who may abide in your tent?/ Who may dwell on your holy hill?/ Those who walk blamelessly....** (Psalm 15:1-2a)
Second Joyful Mystery - The Visitation: And Mary said, “My soul magnifies the Lord, and my spirit rejoices in God my Savior, for he has looked with favor on the lowliness of his servant.” (Luke 1:46-48a)
16. **You show me the path of life./ In your presence there is fullness of joy;/ in your right hand are pleasures forevermore.** (Psalm 16:11)
Second Joyful Mystery - The Visitation: “Surely, from now on all generations will call

me blessed; for the Mighty One has done great things for me....” (Luke 1:48b-49a)

17. **My steps have held fast to your paths;/ my feet have not slipped.** (Psalm 17:5)
Second Joyful Mystery - The Visitation: “[A]nd holy is his name. His mercy is for those who fear him from generation to generation.” (Luke 1:49b-50)
18. **I love you, O Lord, my strength./ The Lord is my rock, my fortress, and my deliverer....** (Psalm 18:1-2a)
Second Joyful Mystery - The Visitation: “He has shown strength with his arm; he has scattered the proud in the thoughts of their hearts.” (Luke 1:51)
19. **[The] voice [of the heavens and the firmament] goes out through all the earth,/ and their words to the end of the world.** (Psalm 19:4a)
Second Joyful Mystery - The Visitation: “ He has brought down the powerful from their thrones, and lifted up the lowly....” (Luke 1:52)
20. **May [the Lord] grant you your heart’s desire,/ and fulfill all your plans./ May we shout for joy over your victory....** (Psalm 20:4-5a)
Second Joyful Mystery - The Visitation: “[H]e has filled the hungry with good things, and sent the rich away empty.” (Luke 1:53)

Third Joyful Mystery – The Birth of Jesus

21. **(Y)ou make [the king] glad with the joy of your presence.** (Psalm 21:6b)
Third Joyful Mystery - The Birth of Jesus: While [Mary and Joseph] were there, the time came for her to deliver her child. (Luke 2:6)
22. **On you I was cast from my birth,/ and since my mother bore me you have been my God.** (Psalm 22:10)
Third Joyful Mystery - The Birth of Jesus: And she gave birth to her firstborn son and wrapped him in bands of cloth.... (Luke 2:7a)
23. **The Lord is my shepherd, I shall not want.** (Psalm 23:1)
Third Joyful Mystery - The Birth of Jesus: [A]nd [Mary] laid [Jesus] in a manger, because there was no place for them in the inn. (Luke 2:7b)
24. **Lift up your heads, O gates!/ and be lifted up, O ancient doors!/ that the King of glory may come in.** (Psalm 24:7)
Third Joyful Mystery - The Birth of Jesus: In that region there were shepherds living in the fields, keeping watch over their flock by night. Then an angel of the Lord stood before them, and the glory of the Lord shone around them, and they were terrified. (Luke 2:8-9)
25. **[The Lord] leads the humble in what is right,/ and teaches the humble his way.** (Psalm 25:9)
Third Joyful Mystery - The Birth of Jesus: But the angel said to them, “Do not be afraid;

for see—I am bringing you good news of great joy for all the people....” (Luke 2:10)

26. **For your steadfast love is before my eyes....** (Psalm 26:3a)
Third Joyful Mystery - The Birth of Jesus: “[T]o you is born this day in the city of David a Savior, who is the Messiah, the Lord.” (Luke 2:11)
27. **The Lord is my light and my salvation;/ whom shall I fear?** (Psalm 27:1)
Third Joyful Mystery - The Birth of Jesus: “Glory to God in the highest heaven, and on earth peace among those whom he favors!” (Luke 2:14)
28. **(My heart exults,/ and with my song I give thanks to [the Lord]).** (Psalm 28:7b)
Third Joyful Mystery - The Birth of Jesus: On entering the house, [the Wise Men] saw the child with Mary his mother.... (Matthew 2:11a)
29. **May the Lord give strength to his people!/ May the Lord bless his people with peace!** (Psalm 29:11)
Third Joyful Mystery - The Birth of Jesus: [A]nd they knelt down and paid him homage. Then, opening their treasure chests, they offered him gifts of gold, frankincense, and myrrh. (Matthew 2:11b)
30. **Weeping may linger for the night,/ but joy comes with the morning.** (Psalm 30:5b)
Third Joyful Mystery - The Birth of Jesus: But Mary treasured all these words and pondered them in her heart. (Luke 2:19)

Fourth [Joyful Mystery](#) – The Presentation of Jesus in the Temple

31. **Into your hand I commit my spirit....** (Psalm 31:5a)
Fourth Joyful Mystery - The Presentation of Jesus in the Temple: When the time came for their purification according to the law of Moses, [Mary and Joseph] brought [Jesus] up to Jerusalem to present him to the Lord.... (Luke 2:22)
32. **Happy are those to whom the Lord imputes no iniquity,/ and in whose spirit there is no deceit.** (Psalm 32:2)
Fourth Joyful Mystery - The Presentation of Jesus in the Temple: Now there was a man in Jerusalem whose name was Simeon; this man was righteous and devout, looking forward to the consolation of Israel, and the Holy Spirit rested on him. (Luke 2:25)
33. **Happy is the nation whose God is the Lord....** (Psalm 33:12a)
Fourth Joyful Mystery - The Presentation of Jesus in the Temple: It had been revealed to him by the Holy Spirit that he would not see death before he had seen the Lord’s Messiah. (Luke 2:26)
34. **I will bless the Lord at all times;/ his praise shall continually be in my mouth.** (Psalm 34:1)
Fourth Joyful Mystery - The Presentation of Jesus in the Temple: Guided by the Spirit, Simeon came into the temple; and when the parents brought in the child Jesus, to do for

him what was customary under the law, Simeon took him in his arms and praised God.... (Luke 2:27-28a)

35. **(My tongue shall tell of your righteousness/ and of your praise all day long.** (Psalm 35:28)
Fourth Joyful Mystery - The Presentation of Jesus in the Temple: “Master, now you are dismissing your servant in peace, according to your word....” (Luke 2:29)
36. **For with you is the fountain of life;/ in your light we see light.** (Psalm 36:9)
Fourth Joyful Mystery - The Presentation of Jesus in the Temple: “[F]or my eyes have seen your salvation, which you have prepared in the presence of all peoples....” (Luke 2:30-31)
37. **Commit your way to the Lord;/ trust in him, and he will act.** (Psalm 37:5)
Fourth Joyful Mystery - The Presentation of Jesus in the Temple: “[A] light for revelation to the Gentiles and for glory to your people Israel.” (Luke 2:32)
38. **(M)ake haste to help me,/ O Lord, my salvation.** (Psalm 38:22)
Fourth Joyful Mystery - The Presentation of Jesus in the Temple: Then Simeon blessed them and said to his mother Mary, “This child is destined for the falling and the rising of many in Israel, and to be a sign that will be opposed....” (Luke 2:34)
39. **And now, O Lord, what do I wait for?/ My hope is in you.** (Psalm 39:7)
Fourth Joyful Mystery - The Presentation of Jesus in the Temple: “[S]o that the inner thoughts of many will be revealed—and a sword will pierce your own soul too.” (Luke 2:35)
40. **I have not concealed your steadfast love and your faithfulness/ from the great congregation.** (Psalm 40:10b)
Fourth Joyful Mystery - The Presentation of Jesus in the Temple: When they had finished everything required by the law of the Lord, they returned to Galilee, to their own town of Nazareth. The child grew and became strong, filled with wisdom; and the favor of God was upon him. (Luke 2:39-40)

Fifth Joyful Mystery – The Finding of Jesus in the Temple

41. **The Lord protects [those who consider the poor] and keeps them alive;/ they are called happy in the land.** (Psalm 41:2a)
Fifth Joyful Mystery - The Finding of Jesus in the Temple: Now every year [Jesus’] parents went to Jerusalem for the festival of the Passover. And when he was twelve years old, they went up as usual for the festival. (Luke 2:41-42)
42. **Why are you cast down, O my soul,/ and why are you disquieted within me?/ Hope in God....** (Psalm 42:5a)
Fifth Joyful Mystery - The Finding of Jesus in the Temple: When the festival was ended and they started to return, the boy Jesus stayed behind in Jerusalem, but his parents did

not know it. (Luke 2:43)

43. **Then I will go to the altar of God,/ to God my exceeding joy....** (Psalm 43:4a)
Fifth Joyful Mystery - The Finding of Jesus in the Temple: When they did not find him, they returned to Jerusalem to search for him. After three days they found him in the temple.... (Luke 2:45-46a)
44. **(O)ur ancestors have told us,/ what deeds you performed in their days....** (Psalm 44:1b)
Fifth Joyful Mystery - The Finding of Jesus in the Temple: [Jesus was] sitting among the teachers, listening to them and asking them questions. (Luke 2:46)
45. **I will cause your name to be celebrated in all generations;/ therefore the peoples will praise you forever and ever.** (Psalm 45:17)
Fifth Joyful Mystery - The Finding of Jesus in the Temple: And all who heard [Jesus] were amazed at his understanding and his answers. (Luke 2:47)
46. **The Lord of hosts is with us;/ the God of Jacob is our refuge.** (Psalm 46:7 and 11)
Fifth Joyful Mystery - The Finding of Jesus in the Temple: [A]nd [Jesus'] mother said to him, "Child, why have you treated us like this? Look, your father and I have been searching for you in great anxiety." (Luke 2:48b)
47. **For the Lord, the Most High, is awesome,/ a great king over all the earth.** (Psalm 47:2a)
Fifth Joyful Mystery - The Finding of Jesus in the Temple: He said to them, "Why were you searching for me? Did you not know that I must be in my Father's house?" (Luke 2:49)
48. **Great is the Lord and greatly to be praised/ in the city of our God.** (Psalm 48:1a)
Fifth Joyful Mystery - The Finding of Jesus in the Temple: But [Mary and Joseph] did not understand what [Jesus] said to them. (Luke 2:50)
49. **My mouth shall speak wisdom;/ the meditation of my heart shall be understanding.** (Psalm 49:3)
Fifth Joyful Mystery - The Finding of Jesus in the Temple: Then he went down with them and came to Nazareth, and was obedient to them. (Luke 2:51a)
50. **"Hear, O my people, and I will speak,/ O Israel, I will testify against you./ I am God, your God."** (Psalm 50:7)
Fifth Joyful Mystery - The Finding of Jesus in the Temple: And Jesus increased in wisdom and in years, and in divine and human favor. (Luke 2:52)

First Sorrowful Mystery - Jesus' Agony in the Garden

51. **(L)et the bones that you have crushed rejoice.** (Psalm 51:8b)
First Sorrowful Mystery - The Agony in the Garden: Then Jesus went with them to a

place called Gethsemane... and [he] began to be grieved and agitated. (Matthew 26:36a, 37)

52. **But I am like a green olive tree/ in the house of God./ I trust in the steadfast love of God/ forever and ever.** (Psalm 52:8)
First Sorrowful Mystery - The Agony in the Garden: Then he said to them, “I am deeply grieved, even to death; remain here, and stay awake with me.” (Matthew 26:38)
53. **O that deliverance for Israel would come from Zion!** (Psalm 53:6a)
First Sorrowful Mystery - The Agony in the Garden: Then he withdrew from them about a stone’s throw, knelt down, and prayed.... (Luke 22:41)
54. **For the insolent have risen against me,/ the ruthless seek my life....** (Psalm 54:3a)
First Sorrowful Mystery - The Agony in the Garden: “Father, if you are willing, remove this cup from me; yet, not my will but yours be done.” (Luke 22:42)
55. **Evening and morning and at noon/ I utter my complaint and moan,/ and [the Lord] will hear my voice.** (Psalm 55:17)
First Sorrowful Mystery - The Agony in the Garden: Then an angel from heaven appeared to him and gave him strength. (Luke 22:43)
56. **[My enemies] lurk,/ they watch my steps.** (Psalm 56:6b)
First Sorrowful Mystery - The Agony in the Garden: In his anguish he prayed more earnestly.... (Luke 22:44a)
57. **(I)n the shadow of your wings I will take refuge...** (Psalm 57:1c)
First Sorrowful Mystery - The Agony in the Garden: [A]nd his sweat became like great drops of blood falling down on the ground. (Luke 22:44b)
58. **[The wicked] have venom like the venom of a serpent,/ like the deaf adder that stops its ear...** (Psalm 58:4)
First Sorrowful Mystery - The Agony in the Garden: Then he came to the disciples and found them sleeping; and he said to Peter, “So, could you not stay awake with me one hour?” (Matthew 26:40)
59. **Even now they lie in wait for my life;/ the mighty stir up strife against me./ For no transgression or sin of mine, O Lord...** (Psalm 59:3)
First Sorrowful Mystery - The Agony in the Garden: “Stay awake and pray that you may not come into the time of trial....” (Matthew 26:41a)
60. **(H)uman help is worthless.** (Psalm 60:11b)
First Sorrowful Mystery - The Agony in the Garden: “[T]he spirit indeed is willing, but the flesh is weak.” (Matthew 26:41b)

Second Sorrowful Mystery - Jesus is Scourged at the Pillar

61. **From the end of the earth I call to you,/ when my heart is faint.** (Psalm 61:2a)
Second Sorrowful Mystery - Jesus is Scourged at the Pillar: As soon as it was morning, the chief priests held a consultation with the elders and scribes and the whole council. They bound Jesus, led him away, and handed him over to Pilate. Pilate asked him, “Are you the King of the Jews?” (Mark 15:1-2a)
62. **How long will [people] assail a person,/ will you batter your victim....** (Psalm 62:3a)
Second Sorrowful Mystery - Jesus is Scourged at the Pillar: Jesus answered, “My kingdom is not from this world. If my kingdom were from this world, my followers would be fighting to keep me from being handed over to the Jews. But as it is, my kingdom is not from here.” (John 18:36)
63. **(T)he mouths of liars will be stopped.** (Psalm 63:11c)
Second Sorrowful Mystery - Jesus is Scourged at the Pillar: Pilate asked him, “So you are a king?” Jesus answered, “You say that I am a king. For this I was born, and for this I came into the world, to testify to the truth. Everyone who belongs to the truth listens to my voice.” (John 18:37)
64. **Hear my voice, O God, in my complaint;/ preserve my life from the dread enemy.** (Psalm 64:1)
Second Sorrowful Mystery - Jesus is Scourged at the Pillar: Pilate asked him, “What is truth?” After he had said this, he went out to the Jews again and told them, “I find no case against him.” (John 18:38)
65. **When deeds of iniquity overwhelm us,/ you forgive our transgressions.** (Psalm 65:3)
Second Sorrowful Mystery - Jesus is Scourged at the Pillar: “I will therefore have him flogged and release him.” – Then Pilate took Jesus and had him flogged. (Luke 23:16 – John 19:1)
66. **(Y)ou laid burdens on our backs;/ you let people ride over our heads....** (Psalm 66:11b-12a)
Second Sorrowful Mystery - Jesus is Scourged at the Pillar: He was despised and rejected by others; a man of suffering and acquainted with infirmity; and as one from whom others hide their faces he was despised, and we held him of no account. (Isaiah 53:3)
67. **(L)et all the ends of the earth revere [God].** (Psalm 67:7b)
Second Sorrowful Mystery - Jesus is Scourged at the Pillar: He was oppressed, and he was afflicted, yet he did not open his mouth; like a lamb that is led to the slaughter, and like a sheep that before its shearers is silent, so he did not open his mouth. (Isaiah 53:7)
68. **(Y)ou [God’s people] may bathe your feet in blood....** (Psalm 68:23a)
Second Sorrowful Mystery - Jesus is Scourged at the Pillar: But he was wounded for our transgressions, crushed for our iniquities.... (Isaiah 53:5a)
69. **Insults have broken my heart,/ so that I am in despair.** (Psalm 69:20a)
Second Sorrowful Mystery - Jesus is Scourged at the Pillar: Surely he has borne our

infirmities and carried our diseases; yet we accounted him stricken, struck down by God, and afflicted. (Isaiah 53:4)

70. **I am poor and needy;/ hasten to me, O God!** (Psalm 70:5a)
Second Sorrowful Mystery - Jesus is Scourged at the Pillar: [U]pon him was the punishment that made us whole, and by his bruises we are healed. (Isaiah 53:5b)

Third Sorrowful Mystery – The Crowning With Thorns

71. **(T)hose who watch for my life consult together.** (Psalm 71:10b)
Third Sorrowful Mystery – The Crowning With Thorns: Then the soldiers led him into the courtyard of the palace (that is, the governor’s headquarters).... – They stripped him and put a scarlet robe on him. (Mark 15:16a – Matthew 27:28)
72. **May all kings fall down before [the king]/, all nations give him service.** (Psalm 72:11)
Third Sorrowful Mystery – The Crowning With Thorns: [A]nd after twisting some thorns into a crown, they put it on his head. They put a reed in his right hand.... (Matthew 27:29a)
73. **(V)iolence covers [the arrogant/wicked] like a garment.** (Psalm 73:6b)
Third Sorrowful Mystery – The Crowning With Thorns: [A]nd knelt before him and mocked him, saying, “Hail, King of the Jews!” (Matthew 27:29b)
74. **How long, O God, is the foe to scoff?/ Is the enemy to revile your name forever?** (Psalm 74:10)
Third Sorrowful Mystery – The Crowning With Thorns: They spat on him, and took the reed and struck him on the head. (Matthew 27:30)
75. **(D)o not lift up your horn on high,/ or speak with insolent neck.** (Psalm 75:5)
Third Sorrowful Mystery – The Crowning With Thorns: [Pilate] took some water and washed his hands before the crowd, saying, “I am innocent of this man’s blood; see to it yourselves.” (Matthew 27:24b)
76. **(L)et all who are around [the Lord your God] bring gifts/ to the one who is awesome....** (Psalm 76:11b)
Third Sorrowful Mystery – The Crowning With Thorns: So Jesus came out, wearing the crown of thorns and the purple robe. (John 19:5a)
77. **(I)n the night my hand is stretched out without wearying;/ my soul refuses to be comforted.** (Psalm 77:2b)
Third Sorrowful Mystery – The Crowning With Thorns: [Pilate] said to the Jews, / “Here is your King!” / They cried out, / “Away with him, away with him, / Crucify him!” (John 19:14b, 15a)
78. **[God] delivered his power to captivity,/ his glory to the hand of the foe.** (Psalm 78:61)

Third Sorrowful Mystery – The Crowning With Thorns: Pilate asked them, “Why, what evil has he done?” But they shouted all the more, “Crucify him!” (Mark 15:14)

79. **(T)hey have defiled your holy temple....** (Psalm 79:1b)
Third Sorrowful Mystery – The Crowning With Thorns: “Shall I crucify your King?” The chief priests answered, “We have no king but the emperor.” (John 19:15b)
80. **(O)ur enemies laugh among themselves.** (Psalm 80:6b)
Third Sorrowful Mystery – The Crowning With Thorns: So Pilate, wishing to satisfy the crowd, released Barabbas for them; and after flogging Jesus, he handed him over to be crucified. (Mark 15:15)

Fourth Sorrowful Mystery – The Carrying of the Cross

81. **“I relieved your shoulder of the burden....”** (Psalm 81:6a)
Fourth Sorrowful Mystery – The Carrying of the Cross: “If any want to become my followers, let them deny themselves....” (Luke 9:23a)
82. **(A)ll the foundations of the earth are shaken.** (Psalm 82:5c)
Fourth Sorrowful Mystery – The Carrying of the Cross: “[A]nd take up their cross daily and follow me.” (Luke 9:23b)
83. **Even now your enemies are in tumult;/ those who hate you have raised their heads.** (Psalm 83:2)
Fourth Sorrowful Mystery – The Carrying of the Cross: So they took Jesus; and carrying the cross by himself, he went out.... (John 19:16b, 17a)
84. **(L)ook on the face of your anointed.** (Psalm 84:9b)
Fourth Sorrowful Mystery – The Carrying of the Cross: As they led him away, they seized a man, Simon of Cyrene, who was coming from the country, and they laid the cross on him, and made him carry it behind Jesus. (Luke 23:26)
85. **Righteousness will go before [the Lord],/ and will make a path for his steps.** (Psalm 85:13)
Fourth Sorrowful Mystery – The Carrying of the Cross: “Take my yoke upon you, and learn from me....” (Matthew 11:29a)
86. **Teach me your way, O Lord, that I may walk in your truth....** (Psalm 86:11a)
Fourth Sorrowful Mystery – The Carrying of the Cross: “[F]or I am gentle and humble in heart....” (Matthew 11:29b)
87. **“All my springs are in you.”** (Psalm 87:7b)
Fourth Sorrowful Mystery – The Carrying of the Cross: “[A]nd you will find rest for your souls. For my yoke is easy, and my burden is light.” (Matthew 11:29c-30)

88. **You, O Lord, have caused friend and neighbor to shun me;/ my companions are in darkness.** (Psalm 88:18)
Fourth Sorrowful Mystery – The Carrying of the Cross: A great number of the people followed him, and among them were women who were beating their breasts and wailing for him. (Luke 23:27)
89. **I will punish their transgression with the rod/ and their iniquity with scourges....** (Psalm 89:32)
Fourth Sorrowful Mystery – The Carrying of the Cross: But Jesus turned to them and said, “Daughters of Jerusalem, do not weep for me, but weep for yourselves and for your children.” (Luke 23:28)
90. **You have set our iniquities before you....** (Psalm 90:8a)
Fourth Sorrowful Mystery – The Carrying of the Cross: “For if they do this when the wood is green, what will happen when it is dry?” (Luke 23:31)

Fifth Sorrowful Mystery – The Crucifixion of Our Lord

91. **I will be with them in trouble....** (Psalm 91:15b)
Fifth Sorrowful Mystery – The Crucifixion of Our Lord: When they came to the place that is called The Skull, they crucified Jesus there.... (Luke 23:33a)
92. **How great are your works, O Lord!/ Your thoughts are very deep!** (Psalm 92:5)
Fifth Sorrowful Mystery – The Crucifixion of Our Lord: Then Jesus said, “Father, forgive them; for they do not know what they are doing.” (Luke 23:34a)
93. **The Lord is king....** (Psalm 93:1a)
Fifth Sorrowful Mystery – The Crucifixion of Our Lord: One of the criminals who were hanged there... said, “Jesus, remember me when you come into your kingdom.” (Luke 23:39a, 42b)
94. **They band together against the life of the righteous,/ and condemn the innocent to death.** (Psalm 94:21)
Fifth Sorrowful Mystery – The Crucifixion of Our Lord: “Truly I tell you, today you will be with me in Paradise.” (Luke 23:43b)
95. **O come, let us worship and bow down,/ let us kneel before the Lord, our Maker!** (Psalm 95:6)
Fifth Sorrowful Mystery – The Crucifixion of Our Lord: standing near the cross of Jesus were his mother... and the disciple whom he loved. (John 19:25b-26b)
96. **(T)remble before [the Lord], all the earth.** (Psalm 96:9b)
Fifth Sorrowful Mystery – The Crucifixion of Our Lord: [Jesus] said to his mother, “Woman, here is your son.” Then he said to the disciple, “Here is your mother.” (John 19:26c-27a)

97. **Clouds and thick darkness are all around [the Lord]....** (Psalm 97:2a)
Fifth Sorrowful Mystery – The Crucifixion of Our Lord: And from that hour the disciple took her into his own home. (John 19:27b)
98. **The Lord has made known his victory....** (Psalm 98:2)
Fifth Sorrowful Mystery – The Crucifixion of Our Lord: [A]nd darkness came over the whole land.... – At that moment the curtain of the temple was torn in two, from top to bottom. The earth shook.... (Luke 23:44b; Matthew 27:51a)
99. **(Y)ou were a forgiving God to them....** (Psalm 99:8b)
Fifth Sorrowful Mystery – The Crucifixion of Our Lord: Then Jesus, crying with a loud voice, said, “Father, into your hands I commend my spirit.” (Luke 23:46a)
100. **Know that the Lord is God.** (Psalm 100:3)
Fifth Sorrowful Mystery – The Crucifixion of Our Lord: Then [Jesus] bowed his head and gave up his spirit. (John 19:30b)

First Glorious Mystery – The Resurrection

101. **Morning by morning I will destroy/ all the wicked in the land....** (Psalm 101:8a)
First Glorious Mystery – The Resurrection: “Very truly, I tell you, you will weep and mourn, but the world will rejoice; you will have pain, but your pain will turn into joy.” (John 16:20)
102. **You [O Lord] will rise up and have compassion on Zion,/ for it is time to favor it....** (Psalm 102:13a)
First Glorious Mystery – The Resurrection: “[B]ut I will see you again, and your hearts will rejoice, and no one will take your joy from you.” (John 16:22b)
103. **[The Lord] redeems your life from the Pit....** (Psalm 103:4a)
First Glorious Mystery – The Resurrection: at early dawn, they came to the tomb, taking the spices that they had prepared. (Luke 24:1b)
104. **You [O Lord my God] are clothed with honor and majesty,/ wrapped in light as with a garment.** (Psalm 104:1b-2a)
First Glorious Mystery – The Resurrection: [F]or an angel of the Lord, descending from heaven, came and rolled back the stone and sat on it. (Matthew 28:2b)
105. **(S)ee [the Lord’s] presence continually./ Remember the wonderful works he has done....** (Psalm 105:4b-5a)
First Glorious Mystery – The Resurrection: “Do not be afraid; I know that you are looking for Jesus who was crucified. He is not here....” (Matthew 28:5b-6a)
106. **Who can utter the mighty doings of the Lord,/ or declare all his praise?** (Psalm 106:2)

First Glorious Mystery – The Resurrection: “[F]or he has been raised, as he said. Come, see the place where he lay.” (Matthew 28:6b)

107. **[The Lord] brought [the prisoners in misery] out of darkness and gloom,/ and broke their bonds asunder.** (Psalm 107:14)
First Glorious Mystery – The Resurrection: “[H]e is going ahead of you to Galilee; there you will see him.” (Matthew 28:7b)
108. **Awake, my soul!/ Awake, O harp and lyre!/ I will awake the dawn.** (Psalm 108:1c-2)
First Glorious Mystery – The Resurrection: So [the women] went out and fled from the tomb... – with fear and great joy, and ran to tell his disciples. (Mark 16:8a; Matthew 28:8b)
109. **Let [my accusers] know that this is your hand;/ you, O Lord, have done it.** (Psalm 109:27)
First Glorious Mystery – The Resurrection: “I am the resurrection and the life. Those who believe in me, even though they die, will live....” (John 11:25b)
110. **The Lord says to my lord,/ “Sit at my right hand/ until I make your enemies your footstool.”** (Psalm 110:1)
First Glorious Mystery – The Resurrection: “[A]nd everyone who lives and believes in me will never die....” (John 11:26a)

Second Glorious Mystery – The Ascension

111. **[The Lord] has shown his people the power of his works....** (Psalm 111:6)
Second Glorious Mystery – The Ascension: Then [Jesus] led them out as far as Bethany, and, lifting up his hands, he blessed them. (Luke 24:50)
112. **[Those who fear the Lord] rise in the darkness as a light for the upright....** (Psalm 112:4)
Second Glorious Mystery – The Ascension: And Jesus came and said to them, “All authority in heaven and on earth has been given to me.” (Matthew 28:18)
113. **[The Lord] raises the poor from the dust,/ and lifts the needy from the ash heap....** (Psalm 113:7)
Second Glorious Mystery – The Ascension: “Go therefore and make disciples of all nations....” (Matthew 28:19a)
114. **Why is it, O sea, that you flee?/ O Jordan, that you turn back?** (Psalm 114:5)
Second Glorious Mystery – The Ascension: “[B]aptizing them in the name of the Father and of the Son and of the Holy Spirit....” (Matthew 28:19b)
115. **Our God is in the heavens;/ he does whatever he pleases.** (Psalm 115:3)
Second Glorious Mystery – The Ascension: “[A]nd teaching them to obey everything that

I have commanded you.” (Matthew 28:20a)

116. **For you have delivered my soul from death,/ my eyes from tears,/ my feet from stumbling.** (Psalm 116:8)
Second Glorious Mystery – The Ascension: “The one who believes and is baptized will be saved.” (Mark 16:16a)
117. **Praise the Lord, all you nations!/ Extol him, all you peoples!** (Psalm 117:1)
Second Glorious Mystery – The Ascension: “[B]ut the one who does not believe will be condemned.” (Mark 16:16b)
118. **Open to me the gates of righteousness,/ that I may enter through them/ and give thanks to the Lord.** (Psalm 118:19)
Second Glorious Mystery – The Ascension: “And remember, I am with you always, to the end of the age.” (Matthew 28:20b)
119. **(R)evive me according to your word.** (Psalm 119:25b)
Second Glorious Mystery – The Ascension: When he had said this, as they were watching, he was lifted up, and a cloud took him out of their sight. (Acts 1:9)
120. **Too long have I had my dwelling/ among those who hate peace.** (Psalm 120: 6)
Second Glorious Mystery – The Ascension: So then the Lord Jesus, after he had spoken to them, was taken up into heaven and sat down at the right hand of God. (Mark 16:19)

Third Glorious Mystery – The Descent of the Holy Spirit

121. **I lift up my eyes to the hills—/ from where will my help come?** (Psalm 121:1)
Third Glorious Mystery – The Descent of the Holy Spirit: When the day of Pentecost had come, they were all together in one place. (Acts 2:1)
122. **I was glad when they said to me, “Let us go to the house of the Lord!”** (Psalm 122:1)
Third Glorious Mystery – The Descent of the Holy Spirit: And suddenly from heaven there came a sound like the rush of a violent wind, and it filled the entire house where they were sitting. (Acts 2:2)
123. **To you I lift up my eyes,/ O you who are enthroned in the heavens!** (Psalm 123:1)
Third Glorious Mystery – The Descent of the Holy Spirit: Divided tongues, as of fire, appeared among them, and a tongue rested on each of them. (Acts 2:3)
124. **Our help is in the name of the Lord,/ who made heaven and earth.** (Psalm 124:8)
Third Glorious Mystery – The Descent of the Holy Spirit: All of them were filled with the Holy Spirit and began to speak – about God’s deeds of power. (Acts 2:4a, 11b)
125. **(T)he Lord surrounds his people,/ from this time on and forevermore.** (Psalm 125:2b)

Third Glorious Mystery – The Descent of the Holy Spirit: Now there were devout Jews from every nation under heaven living in Jerusalem. (Acts 2:5)

126. **Then our mouth was filled with laughter,/ and our tongue with shouts of joy....**

(Psalm 126:2a)

Third Glorious Mystery – The Descent of the Holy Spirit: But Peter, standing with the eleven, raised his voice and addressed them.... (Acts 2:14a)

127. **Unless the Lord builds the house,/ those who build it labor in vain.** (Psalm 127:1)

Third Glorious Mystery – The Descent of the Holy Spirit: Peter said to them, “Repent, and be baptized every one of you in the name of Jesus Christ so that your sins may be forgiven; and you will receive the gift of the Holy Spirit.” (Acts 2:38)

128. **Happy is everyone who fears the Lord,/ who walks in his ways.** (Psalm 128:1)

Third Glorious Mystery – The Descent of the Holy Spirit: So those who welcomed his message were baptized, and that day about three thousand persons were added. (Acts 2:41)

129. **“The blessing of the Lord be upon you!”** (Psalm 129:8b)

Third Glorious Mystery – The Descent of the Holy Spirit: When you send forth your spirit, they are created; and you renew the face of the ground. (Pentecost Alleluia – Psalm 104:30)

130. **(M)y soul waits for the Lord/ more than those who watch for the morning....**

(Psalm 130:6a)

Third Glorious Mystery – The Descent of the Holy Spirit: Come, Holy Spirit, fill the hearts of your faithful;/ and kindle in them the fire of your love. (Pentecost Alleluia)

Fourth Glorious Mystery – The Assumption

131. **(L)ike a weaned child with its mother;/ my soul is like the weaned child that is with me.** (Psalm 131:2b)

Fourth Glorious Mystery – The Assumption: “My beloved speaks and says to me: “Arise, my love, my fair one, and come away.” (Song of Solomon 2:10)

132. **For the Lord has chosen Zion; he has desired it for his habitation....** (Psalm 132:13)

Fourth Glorious Mystery – The Assumption: “for now the winter is past, the rain is over and gone.” (Song of Solomon 2:11)

133. **[In unity] the Lord ordained his blessing,/ life forevermore.** (Psalm 133:3b)

Fourth Glorious Mystery – The Assumption: “[L]et me see your face, let me hear your voice; for your voice is sweet, and your face is lovely..” (Song of Solomon 2:14b)

134. **Lift up your hands to the holy place,/ and bless the Lord.** (Psalm 134:2)

Fourth Glorious Mystery – The Assumption: Then God’s temple in heaven was opened,

and the ark of his covenant was seen within his temple; and there were flashes of lightning, rumblings, peals of thunder, an earthquake, and heavy hail. (Revelation 11:19)

135. **(T)he Lord has chosen Jacob for himself....** (Psalm 135:4a)
Fourth Glorious Mystery – The Assumption: A great portent appeared in heaven: a woman clothed with the sun.... (Revelation 12:1a)
136. **[The Lord's] steadfast love endures forever.** (Psalm 136:1b)
Fourth Glorious Mystery – The Assumption: [W]ith the moon under her feet, and on her head a crown of twelve stars. (Revelation 12:1b)
137. **How could we sing the Lord's song/ in a foreign land?** (Psalm 137:4)
Fourth Glorious Mystery – The Assumption: The princess is decked in her chamber with gold-woven robes; in many-colored robes she is led to the king.... (Psalm 45:13b-14a)
138. **The Lord will fulfill his purpose for me;/ your steadfast love, O Lord, endures forever.** (Psalm 138:8a)
Fourth Glorious Mystery – The Assumption: “O daughter, you are blessed by the Most High God above all other women on earth....” (Judith 13:18b)
139. **If I ascend to heaven, you are there....** (Psalm 139:8a)
Fourth Glorious Mystery – The Assumption: “Your praise will never depart from the hearts of those who remember the power of God.” (Judith 13:19)
140. **(T)he upright shall live in your presence.** (Psalm 140:13b)
Fourth Glorious Mystery – The Assumption: “You are the glory of Jerusalem, you are the great boast of Israel....” (Judith 15:9b)

Fifth Glorious Mystery – The Coronation

141. **I call upon you, O Lord; come quickly to me;/ give ear to my voice when I call to you.** (Psalm 141:1)
Fifth Glorious Mystery – The Coronation: “Who is this that looks forth like the dawn, fair as the moon, bright as the sun...?” (Song of Solomon 6:10a)
142. **The righteous will surround me,/ for you will deal bountifully with me.** (Psalm 142:7b)
Fifth Glorious Mystery – The Coronation: [L]ike the rainbow gleaming in splendid clouds; like roses in the days of first fruits.... (Sirach 50:7b-8a)
143. **(D)estroy all my adversaries,/ for I am your servant.** (Psalm 143:12b)
Fifth Glorious Mystery – The Coronation: I am a rose of Sharon, a lily of the valleys. (Song of Solomon 2:1)
144. **Stretch out your hand from on high....** (Psalm 144:7a)
Fifth Glorious Mystery – The Coronation: [M]y throne was in a pillar of cloud – and for

all the ages I shall not cease to be. (Sirach 24:4b, 9b)

145. **[All your works/your faithful] shall speak of the glory of your kingdom,/ and tell of your power....** (Psalm 145:11)
Fifth Glorious Mystery – The Coronation: “Come to me, you who desire me, and eat your fill of my fruits.” (Sirach 24:19)
146. **The Lord lifts up those who are bowed down....** (Psalm 146:8b)
Fifth Glorious Mystery – The Coronation: Like the vine I bud forth delights – and the possession of me sweeter than the honeycomb. (Sirach 24:17a, 20b)
147. **(T)he Lord takes pleasure in those who fear him,/ in those who hope in his steadfast love.** (Psalm 147:11)
Fifth Glorious Mystery – The Coronation: “And now, my children, listen to me: happy are those who keep my ways. Hear instruction and be wise....” (Proverbs 8:32-33a)
148. **(P)raise the name of the Lord,/ for his name alone is exalted....** (Psalm 148:13a)
Fifth Glorious Mystery – The Coronation: “[H]appy are those who keep my ways – watching daily at my gates.” (Proverbs 8:32b, 34b)
149. **[The Lord] adorns the humble with victory.** (Psalm 149:4b)
Fifth Glorious Mystery – The Coronation: “For whoever finds me finds life and obtains favor from the Lord....” (Proverbs 8:35)
150. **Let everything that breathes praise the Lord!/ Praise the Lord!** (Psalm 150:6)
Fifth Glorious Mystery – The Coronation: Hail, Queen of mercy, protect us from the enemy, and receive us at the hour of death. (Queenship of the B.V.M., Gradual)

I do not here use the [Luminous Mysteries](#)